



**TRAIL2HEAVEN**  
#LINKEDBYMOUNTAINS

# AVITUALLAMIENTOS

# REFRESHMENT POINTS

LUGAR / PLACE	KM			
	51K	35K	26K	17K
Besurta	11	11	/	/
Hospice de France	22	/	/	/
Hospital de Benasque	34,5	18,5	9,6	/
Senarta	44,6	28,6	19,7	10,6
Meta / Finish	51,2	35,2	26,3	17,2

AVITUALLAMIENTOS	REFRESHMENT POINTS
AGUA / WATER	AGUA / WATER
ISOTÓNICO / ISOTONIC DRINK	ISOTÓNICO / ISOTONIC DRINK
COLA COLA/ COKE	COLA COLA/ COKE
CALDO DE AVE / CHICKEN BOUILLON	CALDO DE AVE / CHICKEN BOUILLON
TÉ / TEA (YOGITEA)	TÉ / TEA (YOGITEA)
NARANJA / ORANGE	NARANJA / ORANGE
PLATANO / BANANA	PLATANO / BANANA
BARRITAS CEREALES / MUESLI BARS	BARRITAS CEREALES / MUESLI BARS
DULCE DE MEMBRILLO / QUINCE CHEESE	DULCE DE MEMBRILLO / QUINCE CHEESE
CHOCOLATE	CHOCOLATE
GOLOSINAS / CANDY	GOLOSINAS / CANDY
BIZCOCHO DE CHOCOLATE / CHOCOLATE CAKE	BIZCOCHO DE CHOCOLATE / CHOCOLATE CAKE
SALADITOS / SALTY PUFF PASTRY	SALADITOS / SALTY PUFF PASTRY
JAMON SERRANO / SERRANO HAM	JAMON SERRANO / SERRANO HAM
SALAMI	SALAMI
GALLETAS SALADAS / SALTY BISCUITS	GALLETAS SALADAS / SALTY BISCUITS
ACEITUNAS ANCHOA / OLIVES STUFFED WITH ANCHOVIES	ACEITUNAS ANCHOA / OLIVES STUFFED WITH ANCHOVIES
PAN / BREAD	PAN / BREAD
PATATAS FRITAS / POTATO CHIPS	PATATAS FRITAS / POTATO CHIPS
CERVEZA / BEER	CERVEZA / BEER

